



EXALTING JESUS CHRIST

PROCLAIMING GOD'S GRACE

DO NOT BE ANXIOUS

Sum: Don't be anxious, rather trust your Father and seek after Him.

I. DO NOT BE ANXIOUS ABOUT YOUR LIFE

II. THE ROOT OF OUR ANXIETY IS UNBELIEF (v.30)

"but if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?"

III. MAKE SEEKING HIM OUR FIRST PRIORITY (v.33)

“but seek first the kingdom of God and his righteousness and all these things will be added to you.”

Application: So how do we battle Anxiety?

Recognize and repent of unbelief & actively seek and trust the Lord:

1. Where are you tempted to disbelieve that God is good and He's got all things under His dominion and control?
2. What specific fear, worry, or anxiety does the Lord want you to hand over to him?
3. Seek the Lord, and trust in him with all your heart.